# 12 Belay Up and Over Wall

# How to Get a Manager Check-Off

Have Challenge Center Manager observe you belaying the Up and Over Wall.

## Procedure Details

Tie the climber into the rope on the end closest to the center of the element using a Figure Eight Follow-Through with a backup stopper knot.

Remove all of the slack and once spotters are in position (see Facilitating Up and Over Wall for spotting) ask the staff member on top of the Up and Over Wall if he/she is ready for someone to climb over. Once he/she is ready, the climbers and lifters may begin.

Belayers begin with a very tight belay. Once the climber is lifted, the belay keeps a looser than normal belay. The belayer continues to take in slack, but keep it loose to prevent the climber from using it as support.

If the climber begins to fall, instead of holding them in place, lower them gently to the ground.

Once the climber is over the wall, continue to keep the climber on belay while the staff member on top connects the climber to a Daisy Chain and unties the Figure Eight knot. Keep in the brake position until the staff member on top says “off belay”.

The staff member on top of the wall will lower the rope (with a single Figure Eight still tied) down to the belayer. If people are standing below, yell “rope” to give them a heads up.