# 19 Belay High Ropes Rescue (Buddy or Cut-Away)

## How to Get a Manager Check-Off

Attend a Rescue Training to learn how to belay using a rescue 8. To get checked off, attend a rescue training and show competency.

## Procedure Details

The role of the rescue belayer is:

* Provide the “toe to toe” check on the rescuer before he/she climbs.
* As the rescuer is working he/she will be verbalizing everything that he/she is doing. The rescue belayer will repeat everything the rescuer is saying.
* Watch the rescuer to make sure he/she is doing everything right.
* Belay for the rescuer and participant.

Rescue belayers will use a Rescue 8 (fig. 1) and thread the rescue rope through (fig. 2). Connect to your harness with a carabiner and belay as normal. Have an anchor (preferably a staff member) ready and nearby, just in case. If the rescue requires a cut away, note that while you’ll have the weight of two people on your rope, the system will use two rescue 8 to increase friction and you and an anchor will be enough to keep you grounded.

Fig. 1

Fig. 2