# 3 Belay Dangle Duo

## How to Get a Manager Check-Off

Have the Challenge Center Manager observe you while you belay participants.

## Procedure Details

* No staff member is permitted to belay this element without having passed the Basic Belay Practical Test.
* Ensure familiarity with helpful climbing techniques for the Dangle Duo.
* Climbers may only use the Logs and webbing strap to help them while climbing.
	+ Climbers may not grab the cables supporting the logs while climbing.
	+ Climbers may not use their own climbing rope to help hoist them up.
	+ Webbing strap must not have knots in them (this includes a girth hitch)
* Climbers are encouraged to help each other up the Dangle Duo but must remember:
	+ May grab forearms, not fingers or wrists.
	+ May grab the webbing straps on the harness, not the gear loops or elastic bands.
	+ Must keep head above heart.
* Climbers may sit on the top log to get high enough to reach the bell.
* When climbers are ready to come down, have them drop the webbing strap to the ground.
* Do not lower climber until they have completely let go of the element.
* Instruct climbers to protect themselves from the wood logs when lowering.