# 8 Belay Catwalk

## How to Get a Manager Check-Off

Have Challenge Center Manager observe you belaying the Catwalk.

## Procedure Details

Ensure familiarity with basic and traversing belay technique.

Ensure participant is closer to midpoint of element before lowering.

Ensure participant is lowered facing the field opposite the belayer on the east side of the catwalk.

Ensure participant understands to keep his/her feet on the catwalk for as long as possible to prevent striking the catwalk when lowering. Preferably, feet shoulder width apart and legs straight.

No staff member will be permitted to belay this element without having first passed the Traverse Belay Practical Test.

Use caution if the participant wants to be lowered or falls close to the pole or tree.