**VIRTUAL ICE BREAKER: ESP**

**GOAL**

* To energize the group, have fun, laugh, and let participants have the opportunity to be silly.
* Set the tone for the event (FUN!)
* This activity can provide a reason for people to stand up (although it’s not required to stand to play)

**SET-UP:**

**STORY:**

* We are going to practice our communication in this next activity. The type of communication we will be practicing is ESP. That’s right, we’ll be reading each other’s minds.

**RULES:**

* “When I say “Show”, you’ll choose one of three movements to do:
  + Lassoing a bull
  + Throwing a ball like a Major League Pitcher
  + Doing the YMCA dance.”

*Facilitator should demonstrate the moves when giving instructions*

* “The goal is to do be doing the same movement as your partner.”
* “I’ll give you 10 seconds to communicate with your partner using ESP only to decide which movement you’ll both do.” *Facilitator can really ham it up by demonstrating ESP – fingers to temples, humming, squinting eyes to look like you’re concentrating, etc.*
* “Ready Teams? 1, 2, 3, SHOW!”

**CONSIDERATIONS:**

* Best played in a group of less than 20 people so that the facilitator isn’t spending a lot of time assigning partners.

**VARIATIONS:**

* Change partners each round
* Could be played in conjunction with Toe to Toe. Every time they are sent into a room with a partner to answer a prompt from the facilitator, they play a round or two of ESP, but the participants will have to count off themselves.
* Use different moves. *Make sure your moves are distinct enough that they are easily told apart.*
  + Elephant nose (similar to boppity, bop, bop, bop.)
  + Giants, Wizards, Elves movements
  + Other dance moves: Macarena, Floss, etc
  + Invisible hula hooping
  + Movements your participants might do at work or on their team
  + Ask participants to come up with 3 distinct (and appropriate) moves.
* Invite participants to stand up to incorporate more movement.
* Don’t assign them a partner. Let them choose someone in their gallery view, but they don’t share it with anyone….they don’t need to, they’re using ESP to communicate.