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| --- | --- | --- | --- |
| **Date** |  | **Team Leader** |  |
|  |  | **Facilitators** |  |
| **Client** | *FYE 75* |
| **Contact Name** |  | **Apprentices** |  |
| **Phone #** |  |  |  |
|  |  |  | *Make other facilitators Co-Host*  *Test annotate option*  *Review itinerary and adjust accordingly!*  *Word Circles Puzzle Link -* [***https://www.flippity.net/ma.php?k=12LgzQnLkdWWtI0qEiOj\_8soQVCZIz9qtjibF7NiqV00***](https://www.flippity.net/ma.php?k=12LgzQnLkdWWtI0qEiOj_8soQVCZIz9qtjibF7NiqV00)  *Powerpoint With Word Circle Answers -* [***https://docs.google.com/presentation/d/1Po0gw3fditLlmBFSaVV1nO5av\_SPHVM8jY5HdMzhKyc/edit?usp=sharing***](https://docs.google.com/presentation/d/1Po0gw3fditLlmBFSaVV1nO5av_SPHVM8jY5HdMzhKyc/edit?usp=sharing) |
| **Group Description** | *25 Freshman Sac State Students* | **Things To Do Before Program** |
|  |  |  |
| **Program Goals & Expectations** |  |  |
|  |  |

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| --- | --- | --- | --- |
| **Team Member** | **Time** | **Activity** | **Detailed Description** |
|  | *00:00* | *Welcome* | *Hello! My name is…….. and we are from Peak Adventures.*  *I’d like to start the day by introducing our 3 rules*   1. *Take Care of Yourself*  * *Mute yourself if needed / grab water if needed. We will have a break halfway through this session.*  1. *Take care of each other*  * *Challenge is coming! Be respectful, Be supportive*  1. *Take Care of this place.*  * *Use Zoom Appropriately! When we annotate or type in chat keep it G rated!*   *We will be using some zoom features such as annotate, chat, breakout rooms, mute, and screensharing. Please feel free to ask questions if you need help figuring out how to make these options work!* |
|  | *00:05* | *Brain Gems* | *Rabbit and Hunter, Pinky and Thumb, Ear and Nose, opposite circles, Ok Sign on Chin……* |
|  | *00:10* | *Mr. and Mrs. Wright* | [*https://www.playmeo.com/wp-content/uploads/2018/01/Mr-Mrs-Wright-Story.pdf*](https://www.playmeo.com/wp-content/uploads/2018/01/Mr-Mrs-Wright-Story.pdf) |
|  | *00:15* | *Split* | *2 groups of 12 – 13*  *One facilitator for each group*  *Each facilitator will run their small groups until closing* |
|  | *00:15* | *Guess Who?* | *In the chat write one two random facts about yourself to the facilitator (privately)*  *After the facilitator receives the facts they will read a couple out loud and the rest of the group will attempt to guess who that fact belongs to.*  *Can use annotate / polling / chat box / or say answers out lout.*  *F****eel free to swap this with HYE if you feel it necessary.*** |
|  | *00:25* | *Run the Numbers* | *Short debrief:*   1. *Focus during online sessions* 2. *Developing collaboration techniques* |
|  | *00:35* | *Break* | *Jessica will type in chat the time to return* |
|  | *00:45* | *Word Circles*  *(if you finish early then you can run Show me Yours.)* | *Debrief topics*   1. *Using online resources ( sac state has resources, classmates are a resource, google is a resource)* 2. *Asking Questions* 3. *Don’t be afraid to open a dialogue? Stepping up and don’t be afraid to speak* 4. *Supporting eachother*   *Number association:*  *Everyone writes down 3 important numbers in their lives*  *They then show the numbers one at a time and the group needs to figure out what the numbers mean.*  *John G lead and debrief in big group*  *Back by 6:20* |
|  | *00:65* | *Return to main zoom session* |  |
|  | *00:66* | *Closing / Peak Pitch* | ***One word whip has worked best***  *Virtual Trips*  *Bike shop is open*  *Rental Shop*  *Visit our website Peakadventures.org*  *Check out our Instagram*  *Survey Monkey Link -* [*https://www.surveymonkey.com/r/virtualteambuildingsurvey*](https://www.surveymonkey.com/r/virtualteambuildingsurvey) |
|  | *00:75* | *Debrief* |  |



