



## Challenge Center Program Goals and Expectations Lows & Highs

Revised 12/17/12

Please answer the following questions so that we may effectively plan your program.

Organization:	Program Date:
Representative Name:	_ Number of Participants:
Please mark your product type:	
□ "Reaching Your Peak" Leadership	□ "Empower Yourself, Empower Your Team"
☐ "Riding Waves of Change" Change Management	Personal Challenge
□ "We are one" Teamwork and Unity	
□ "Navigating Connections" Communication &	
Conflict Resolutions	
To help us plan the program, please provide a description	on of your group (For example: age range, physical
stamina, gender ratio, etc):	
Why are you choosing to participate in the Challenge Co	enter experience?
How do the participants interact on a regular basis? How frequent does the group communicate? What are	
the common modes of communication (email, class, pho	one, etc)?
What are some positive/effective ways participants are of	currently interacting with one another?





What are some areas of participa	ant interaction that need attention?
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Are there any participants that require special needs? If so, please elaborate.

What percentage of the day do you want spent on the following:

Activity	% of Day
Low Elements: Takes place on the ground, consists of a series of tasks designed to	
challenge groups and individuals to work together to accomplish a common goal	%
High elements: Activities that take place off the ground designed to empower participants	%
Debrief: Discussion and Reflection	%

What changes/transformations would you like to see at the end of the program?